

PARISH INFORMATION / ПАРАФІЯЛЬНІ ІНФОРМАЦІЇ:

Join Our Parish Family!

To be a member of the parish you must be an Orthodox Christian or seek to become an Orthodox Christian. For further information about this process please see Father Gene. We appreciate and welcome your participation in our parish life and your support. **Щоб стати членом церкви, прошу звертатися до о. Євгена за інформацією і поясненням.**

THE SACRAMENTS / ТАЇНСТВО

BAPTISMS / ХРЕЩЕННЯ: Please contact Fr. Gene to arrange a day and time. Контактуйтеся з о. Євгеном.

WEDDINGS / ВІНЧАННЯ: Please contact Fr. Gene to make arrangements **at least 10 months prior to the intended date.** Контактуйтеся з о. Євгеном.

CATECHISM FOR ADULTS / КАТЕХІЗМ ДЛЯ ДОРОСЛИХ: Adults wishing to enter the Orthodox Faith partake in a catechism program. It begins during Great Lent and ends on Pascha. Please contact Fr. Gene for more information. Контактуйтеся з о. Євгеном.

FIRST CONFESSION / ПЕРША СПОВІДЬ: Children are prepared during Great Lent to receive their first Confession on Lazarus Saturday/Palm Sunday. Діти готуються під час Великого Посту **ANOINTING OF THE SICK / HOLY COMMUNION FOR THE SICK / ЄЛЕЮ-ПОМАЗАННЯ / ПРИЧАСТЯ ХВОРИХ:** Please contact Fr. Gene to arrange a visit: 204-336-0996. Контактуйтеся з о. Євгеном.

Holy Communion:

While only Orthodox Christians who have prepared themselves through fasting, prayer and confession may come to communion today, God calls all to Communion with Him through Holy Orthodoxy. If you would like to become Orthodox, see Fr. Gene!

Тільки православні християни можуть приймати причастя у нашій церкві, і тільки з молитвою, постом і сповіддю.

COFFEE HOUR following the Divine Liturgy in the Auditorium

БРАТЕРСЬКА ЗУСТРІЧ ПРИ КАВІ після Божественної Літургії в Авдиторії:
Coffee Hour

Please come and share some "coffee and conversation" with your fellow parishioners!
Усіх ласкаво просимо на каву, для спілкування з своїми знайомими прихожанами!

Birthdays, Anniversaries, Birth, Wedding, Baptism Announcements at end of month

Church School: Senior Class: 10-10:30 in Museum. Junior Class: 10:30 to 11:00am in Museum.

Pre-authorized Payments:

You can now make your donations by pre-authorized debits directly from your account. Please see **OUR FINANCIAL SECRETARY, MYKOLA KOWALCHUK** about setting this up. God bless you for your gifts.

Divine Liturgy: Sunday - 10:00 am; Feast Days - 9:30 am
Божественна Літургія: В неділю о 10,00 год.; В празничні дні о 09,30 год.

Vespers: Saturday- 5:00pm & Weekdays-5:30 pm.
Вечірня: В суботу-17:00 і під час тижні-17,30 год.

Confessions: After Vespers; Until 10 mins. before Divine Liturgy; You may also arrange to confess your sins on any other day by appointment with the parish priest.

Сповідь: Сповідатися можна після Вечірні; до 10 хв. перед Літургією, а також в будь-який інший день за домовленістю із священником.

OFFICE HOURS:
Holy Trinity Office Hours are:
Monday: 9 am - 3 pm
(Secretary)
Fr. Gene- Wednesday-
By appointment
Thursday: by appointment
STOP BY TO PRAY, TO CONSULT, FOR COUNSEL OR EVEN JUST FOR COFFEE AND CONVERSATION!



КАТЕДРАЛЬНА ЛАМПАДА THE CATHEDRAL LANTERN

СЛАВА ІСУСУ ХРИСТУ! СЛАВА НАВІКИ! ♦ GLORY BE TO JESUS CHRIST! GLORY FOREVER!

26 MARCH / БЕРЕЗЕНЬ 2017

*Українська Православна Митрополічна Катедра Пресвятої Тройці
Holy Trinity Ukrainian Orthodox Metropolitan Cathedral*

1175 Main Street * Winnipeg, MB * R2W 3S4 1175 Майн вулиця, Вінніпег Манітоба R2W 3S4
204-582-8946 (Телефон/Church Office) * 204-582-4659 (Факс/Fax) * 204-582-7345 (Авдиторія/Auditorium) *
204-582-1018 (Музей/Museum)

Email: office@htuomc.org Website: htuomc.org Facebook: www.facebook.com/HTUOMC



Предстоятель катедрі – Presiding Hierarch of the Cathedral:

Високопреосвященніший Митрополит Юрій,

Архiepіскоп Вінніпегу і Середньої Спархії, Митрополит всієї Канади

His Eminence Metropolitan Yuriy,

Archbishop of Winnipeg & the Central Eparchy, Metropolitan of All Canada

9 St. John's Avenue, Winnipeg, MB R2W 1G8

Telephone (Eparchial Office): 204-669-3654; email: metuoc@mymts.net

PASTOR: V. Rev. Archpriest Eugene (Gene) Maximiuk - ПАРОХ: протоіерей Євген Максим'юк

76 Weinberg Rd, Winnipeg, MB R2V 1M8

Telephone: (Home) 204-336-0996; (Office) 204-582-8946; (Cell) 204-880-0358; email: molze@mymts.net

ATTACHED CLERGY:

V. Rev. Archpriest Taras Udod, Chancellor UOCC-протоіерей Тарас Улод, Канцлер УПЦК

Rev. Fr. Deacon Robert Hladiuk-Диякон Богдан Гладюк

THE CATHEDRAL FAMILY

CATHEDRAL PARISH COUNCIL: Dr. Gregory Palaschuk—President Res: 338-5301 Bus: 582-8946

BROTHERHOOD: Taras Monastyrski Res: 661-1125 Bus: 582-8946

SISTERHOOD: Iris Demianiw Res: 633-0971 Bus: 582-8946

CHURCH SUNDAY SCHOOL: Pat Bugera—Krawchuk Res: 334-5526 Bus: 582-8946

OUTREACH COMMITTEE: Steve Hinkewich Res.: 667-5720 Bus: 582-8946

CATHEDRAL CHOIR: Shelley Kowalchuk Res: 269-0650 Bus: 582-8946

SENIORS' GOLDEN AGE CLUB: Taras Monastyrski Res: 661-1125 Bus: 582-8946

UKRAINIAN MUSEUM OF CANADA-Winnipeg Collection: Margaret Pestrak Res: 334-5267 Bus: 582-1018

CYMK—U.O.Y. Advisor: Michelle Kowalchuk Res: 663-2994

U. S. R.A.—TYC WINNIPEG BRANCH: Co-Chairs: Dr. Roman Yereniuk, Res: 586-7089;
Taras Monastyrski, Res: 661-1125

UWAC—LESIA UKRAINKA BRANCH: Iris Demianiw—Vice-President Res: 633-0971 Bus: 582-8946

ORDER OF ST. ANDREW-WINNIPEG CHAPTER: Walter Manulak Res: 222-3022 Bus: 582-8946

Golden Agers Senior Programming 2017

March 29th— No meeting Preparation for Varenyky Sale

April 5th-What's New with Winnipeg Transit, presentaton by Alex Regiec, followed by a short ride on a newest bus

April 12th—Holy Week - No programming. Seniors are expected at Holy Week Services

April 19th-Presentation by Winnipeg Police Service Community Relations

April 26th—No meeting preparations for Varenyky Sales



The Struggle

Abbot Tryphon

Until this earthly life finishes the struggle between sin and righteousness continues

“Do not be surprised that you fall every day; do not give up, but stand your ground courageously. And assuredly, the angel who guards you will honour your patience (Saint John of the Ladder).”

Out of the lower parts of our soul arise gluttony and lust as well as their counter-virtues: abstinence, continence and chastity. Out of the higher parts of our soul come the more demonic passions of pride, arrogance and delusion, and from the same part of the soul arise the heavenly virtues of faith, hope and love.

So often we get bogged down with an obsession about our carnal sins, which so easily trip us up. But we neglect what is probably a much worse sin: hurting one another with our angry arrogant words, our ingratitude, our delusional pride and our accusing attitude towards others. All of these demonic sins come from the higher part of our soul or heart—the part, incidentally, we have in common with the bodiless demons.

From all the carnal sins of gluttony, drunkenness and sexual impurity, we can by the grace of God get up again. But if we fall into despair about our sins, then there is no way to get back up again. This is the sin against the Holy Spirit, that we reject the mercy of God.

Even if we fall a thousand times we must rise up again and again, doing so until our last breath, for it is written: ‘If a righteous man falls seven times,’ that is, repeatedly throughout his life, ‘seven times shall he rise again’ [Proverbs 24:16].”

Though we fall into sin constantly, we must remember that we do so because the demons set up traps for us. The Elder Thaddeus of Vitovnica tells us that “It is important to get up immediately after a fall and keep on walking toward God”. Even if we fall a hundred times a day, it does not matter; we must get up and go on walking toward God without looking back.

“Until a man’s earthly life finishes its course, up to the very departure of the soul from the body, the struggle between sin and righteousness continues within him. However high a spiritual and moral state one might achieve, a gradual or even headlong and deep fall into the abyss of sin is always possible. Therefore, communion of the holy Body and Blood of Christ, which strengthens our contact with Him and refreshes us with the living streams of the grace of the Holy Spirit flowing through the Body of the Church, is necessary for everyone (Saint John the Wonderworker of Shanghai and San Francisco).“

UPCOMING SERVICES:

Vespers: 5:00pm Sat., 5:30 weekday; CONFESSION: 9:30AM / DIVINE LITURGY 10:00AM on Sunday
Presanctified services at St. Mary the Protectress at 9:30am
Soul Saturday Services at Cathedral

MARCH / БЕРЕЗЕНЬ 2017

FRIDAY, MARCH 24 – AKATHIST – 5:30PM / П'ятниця, 24 березня - Акафіст - 5:30 вечора

SATURDAY, MARCH 25 – 3rd MEMORIAL SATURDAY: DIVINE LITURGY – 9:30AM / 25 березня – 3-та задушна субота: Божественна Літургія - 9:30 рано.

-VESPERS – 5:00PM / Вечірня - 5:00 вечора

SUNDAY, MARCH 26 – DIVINE LITURGY – 10:00AM / Неділя, 26 березня - Божественна літургія - 10:00 рано

-Passia- All Saints, Transcona: 6:00pm / Пассія – Всіх Святих, Транскона: 6:00 веч.

TUESDAY, MARCH 28 – OBIDNYTSYA at Maples Personal Care Home – 10:00am

WEDNESDAY, MARCH 29 – LITURGY OF PRE-SANCTIFIED GIFTS – 9:30AM / Середа, 29 березня - ЛІТУРГІЯ Передосвячених Дарів - 9:30 рано. St. Mary the Protectress, SOBOR

- Canon of St. Andrew of Crete: St. Andrew’s College – 6pm / Канон св. Андрея Критського: Колегії св. Андрея – 6:00 веч.

FRIDAY, MARCH 31 – AKATHIST – 5:30PM / П'ятниця, 31 березня - Акафіст - 5:30 вечора

APRIL / КВІТЕНЬ 2017

SATURDAY, APRIL 1 – AKATHIST SATURDAY: DIVINE LITURGY – 9:30AM / Субота, 1 квітня – Акафіста субота: Божественна Літургія - 9:30 рано Novinnya at St. Mary the Protectress Sobor

-VESPERS – 5:00PM / Вечірня - 5:00 вечора: Holy Trinity Cathedral

SUNDAY, APRIL 2 – DIVINE LITURGY – 10:00AM / Неділя, 3 квітня - Божественна літургія - 10:00 рано

WEDNESDAY, APRIL 5 – LITURGY OF PRE-SANCTIFIED GIFTS – 9:30AM / Середа, 6 квітня - ЛІТУРГІЯ Передосвячених Дарів - 9:30 рано: St. Mary the Protectress, SOBOR

THURSDAY, APRIL 6 – OBIDNYTSYA at Holy Family Personal Care Home – 10:00 ам

– Compline and Litia Vespers: 5:30pm/ - Повечірня і Літія – 5:30 веч. Holy Trinity Cathedral

FRIDAY, APRIL 7 – ANNUNCIATION: DIVINE LITURGY – 9:30AM / П'ятниця, 7 квітня – БЛАГОВІЩЕННЯ Божественна літургія - 9:30 рано: St. Mary the Protectress, SOBOR

– AKATHIST – 5:30PM / П'ятниця, 7 квітня - Акафіст - 5:30 веч.

SATURDAY, APRIL 8– Lazarus Saturday: DIVINE LITURGY – 10:00AM / Субота, 8 квітня – Лазарова Субота: Божественна Літургія - 10:00 рано (First Confessions and Family Confessions)

- VESPERS –5:00pm / Вечірні : 5:00 веч.

SUNDAY, APRIL 9 – Palm Sunday: DIVINE LITURGY – 9:30AM / Неділя, 9 квітня –Вербна Неділя: Божественна літургія - 9:30 рано. (Greeting of Bishop and Hierarchical Divine Liturgy)



Busy Hands: Varenyky Making and Sales—March 29-31

Wednesday Preparation of Filling

Thursday Making and Sales Friday Sales

If you are able to come and volunteer some time to help, please come out.

CLERGY VISITATION: If you are aware of anyone ill, at home or in the hospital, or who simply would appreciate a visit from Father, please inform our parish priest. We need to keep in touch with all of our members & a vital part of this specific ministry is YOUR HELP - please keep us informed.

**GOD BLESS YOU AND THANK YOU.
СПАСИ ВАС ГОСПОДИ!**

*Orthodox Christian
Beliefs and Practices*

CALENDAR, JULIAN / "OLD":

The Julian Calendar was created by Julius Caesar in the first century BC. While it was an improvement on the previous calendar in use, it was flawed in that it would lose a day approximately every 150 years. It was the standard calendar known for the world until 1582, when Pope Gregory created a new calendar, designed to correct the loss of days in the Julian Calendar. Today, the "Gregorian" Calendar is the standard calendar used by most of the world. *To be continued*

Glory Be To Jesus Christ!

Glory Forever!

The Cathedral Parish of Holy Trinity extends a warm welcome to all our guests. We are pleased that you have come to pray with us. May the Lord save You!

Слава Ісусу Христу! Слава на віки!

Катедральна Парафія Пресвятої Тройці сердечно вітає всіх гостей, які прибули до нас на Богослуження. Спаси вас Господи!

**CASH O
RAMA
TICKETS AVAILABLE FROM
PAUL LASKO. DRAW
DATE IS JUNE 4TH, OUR
PARISH FEAST DAY.**

CAMP VESELKA

On Sunday, March 19 Camp Veselka will be hosting the coffee hour after the Divine Liturgy at Holy Trinity Cathedral.

REGISTRATION FEES:

\$450.00 one child

\$425.00 each additional child

\$300.00 one week only

*****Members of Orthodox parishes are encouraged to ask their parish executive if they would be willing to subsidize Camp Veselka registration fees*****

Volunteer \$75.00 per family (refundable Fee*: upon completion of volunteer hours)

**Taras Luchak & Entourage
T 360**

**Concert(s) for Cancer Care Manitoba
Friday, April 28, 2017 & Saturday April 29,
2017, 7:30 p.m.**

**Park Theatre – 698 Osborne St. South,
Tickets – a mere \$15 (order yours before they disappear).**

UWAC-Lesia Ukrainka Branch: Next Meeting: May 7, after church

TYC-Ukrainian Self-Reliance Association of Canada: TBA , 7pm

Order of St. Andrew-Winnipeg Branch: TBA—7:00pm

PRAYER INTENTIONS:

Please remember during Divine Services at our parish and during Home Prayer Devotions.

Those in need (Потреби): Rose K., Руслан, Mary, John A., Bill & Joan K.; Kevin, Peter M.; Iryna; all those working to restore our Cathedral; all refugees throughout the world; Missing Indigenous Women; all affected by terrorist attacks across the world.

Those recovering from illnesses (Хворих): Fr. John N.; Fr. Myron P.; Lillia; Nicholas; Eugene U.; Chelsea & Kayla W.; Carol; Rose; Theresa K.; Andrij; Alice; Mary G.; Andrea; Pauline S.; Ryan; Bill S.; Gary; Fred R.; Mary H.; Marika S., Fr. John H.; Halya O.; Jocelyne J.; Bill N.; Всі які тяжко помученні, поранені і лежать в лікарнях або вдома, в Україні і в Канаді.

Deceased (Померших): Всіх загиблих воїнів України;

And all Members and Supporters of our parish who are sick or have needs.

May our loving God bestow upon you His Heavenly Blessings to answer your needs.

CATHEDRAL RESTORATION UPDATE



1. Pews are being installed.
2. Icon cleaning and repainting of Sanctuary is nearing completion.
3. The Sound System is being installed and tested in the church.
4. Board Room continues to be worked on.
5. Restoration Committee has reviewed the Iconostasis and Lighting Proposals and has made a recommendation to the Church Board.
6. Once the Sanctuary painting is completed the next step will be the installation of the carpeting.

HOLY FAMILY HOME AUXILIARY:

LUNCHEON AND FASHION SHOW featuring STYLING WITH SOFIA'S BOUTIQUE,

Sunday, April 30th, 2017 at West Kildonan Collegiate Commons, 101 Ridgecrest Avenue.

Doors open at 12:00 p.m.-- Tickets \$30, available from Lubov Foundation 204-942-0443, Geraldine 204-633-2274 gkwasny@shaw.ca, or Hannya 204-792-7756 hannya.klimenko@7oaks.org.

Silent Auction & Raffle. Proceeds are for the needs of residents of Holy Family Home.

Ukrainian Canadian Women's Council honours Ukrainian Canadian Women in Politics.

**Sunday, April 2, 2017 4pm
Holy Eucharist Parish Centre: 460 Munroe Ave
Guest Speaker: Joy Smith
See Poster for details**

**PARISH COUNCIL MEETING:
April 27@ 7pm**



Hebrews 6:13-20 (Fourth Sunday of Great Lent)

13 For when God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, 14 saying, "Surely blessing I will bless you, and multiplying I will multiply you." 15 And so, after he had patiently endured, he obtained the promise. 16 For men indeed swear by the greater, and an oath for confirmation is for them an end of all dispute. 17 Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, 18 that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us.

19 This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil, 20 where the forerunner has entered for us, even Jesus, having become High Priest forever according to the order of Melchizedek.

Єфесян 5:9-19 (Преподобного отця Іоанна Ліствичника)

9 бо плід світла знаходиться в кожній доброті, і праведності, і правді. 10 Допевняйтесь, що приємне для Господа, 11 і не беріть участі в неплідних ділах темряви, а краще й докоряйте. 12 Бо соромно навіть казати про те, що роблять вони потаємно! 13 Усе ж те, що світлом докоряється, стає явне, бо все, що явне стає, то світло. 14 Через це то й говорить: Сплячий, вставай, і воскресни із мертвих, і Христос освітлить тебе! 15 Отож, уважайте, щоб поводитися обережно, не як немудрі, але як мудрі, 16 використовуючи час, дні бо лукаві! 17 Через це не будьте нерозумні, але розумійте, що є воля Господня. 18 І не впивайтесь вином, в якому розпуста, але краще наповнюйтесь Духом, 19 розмовляючи поміж собою псалмами, і гімнами, і піснями духовними, співаючи й граючи в серці своєму для Господа,

Camp Veselka is now accepting applications for Staff.

For more information please contact Patricia Maruschak: 204-930-7276. The Camp dates are July 2– 15. Make your plans to send your children and grandchildren. See Poster in Church.



PASCHAL FLOWER DONATIONS:

The Sisterhood is collecting flowers for Pascha...Please see Iris Demianiw if you wish to donate towards the Paschal Flowers.

Mark 9: 17-31 (Fourth Sunday of Great Lent)

17 Then one of the crowd answered and said, "Teacher, I brought You my son, who has a mute spirit. 18 And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not." 19 He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." 20 Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. 21 So He asked his father, "How long has this been happening to him?" And he said, "From childhood. 22 And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." 23 Jesus said to him, "If you can believe, all things are possible to him who believes." 24 Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" 25 When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: "Deaf and dumb spirit, I command you, come out of him and enter him no more!" 26 Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." 27 But Jesus took him by the hand and lifted him up, and he arose. 28 And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" 29 So He said to them, "This kind can come out by nothing but prayer and fasting." 30 Then they departed from there and passed through Galilee, and He did not want anyone to know it. 31 For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day."

Матвія 4:25-5:12 (Преподобного отця Іоанна Ліствичника)

4:25 І багато людей ішло за Ним і з Галілеї, і з Десятимістя, і з Єрусалиму, і з Юдеї, і з Зайорданья. 5:1 І, побачивши натовп, Він вийшов на гору. А як сів, підійшли Його учні до Нього. 2 І, відкривши уста Свої, Він навчати їх став, промовляючи: 3 Блаженні вбогі духом, бо їхнє Царство Небесне. 4 Блаженні засмучені, бо вони будуть утішені. 5 Блаженні лагідні, бо землю впадкують вони. 6 Блаженні голодні та спрагнені правди, бо вони нагодовані будуть. 7 Блаженні милостиві, бо помилувані вони будуть. 8 Блаженні чисті серцем, бо вони будуть бачити Бога. 9 Блаженні миротворці, бо вони синами Божими стануть. 10 Блаженні вигнані за правду, бо їхнє Царство Небесне. 11 Блаженні ви, як ганьбити та гнати вас будуть, і будуть облудно на вас наговорювати всяке слово лихе ради Мене. 12 Радійте та веселіться, нагорода бо ваша велика на небесах! Бо так гнали й пророків, що були перед вами.

19. A brother questioned Abba John, saying, 'What ought I to do? A brother often comes to fetch me for work, and since I am ill and weak, I get tired out working; what should I do, in order to keep the commandment?' The old man answered him saying, 'Caleb said to Joshua, the son of Nun: "I was forty years old when Moses, the servant of the Lord, sent me with you into the desert in this land; and now I am eighty-five years of age; as then, so now I can still take part in the battle and withdraw from it." In the same way you, too, if you are strong enough to go out and to come in, go to work; but if you cannot do it, sit down in your cell and weep for your sins and when they find you filled with compunction, they will not compel you to go out.'